|  | Autumn 1  Me and my Relationship | Autumn 2  Valuing difference | Spring 1  Keeping Safe | Spring 2  Rights and Respect | Summer 1  Being my best | Summer 2  Growing and Changing |
| --- | --- | --- | --- | --- | --- | --- |
| Year R | [All about me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-about-me)  [What makes me special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-special)  [Me and my special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/me-and-my-special-people)  [Who can help me?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-me)  [My feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings)  [My feelings (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-2) | [I'm special, you're special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/im-special-youre-special)  [Same and different](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different)  [Same and different families](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different-families-)  [Same and different homes](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different-homes)  [I am caring](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-am-caring)  [I am a friend](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-am-a-friend) | [What's safe to go onto my body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-safe-to-go-onto-my-body)  [Keeping Myself Safe - What's safe to go into my body (including medicines)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-myself-safe--whats-safe-to-go-into-my-body-including-medicines)  [Safe indoors and outdoors](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safe-indoors-and-outdoors)  [Listening to my feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/listening-to-my-feelings)  [Keeping safe online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-safe-online)  [People who help to keep me safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/people-who-help-to-keep-me-safe) | [Looking after my special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-my-special-people)  [Looking after my friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-my-friends)  [Being helpful at home and caring for our classroom](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-helpful-at-home-and-caring-for-our-classroom)  [Caring for our world](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/caring-for-our-world)  [Looking after money (1): recognising, spending, using](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-money-1-recognising-spending-using)  [Looking after money (2): saving money and keeping it safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-money-2-saving-money-and-keeping-it-safe) | [Bouncing back when things go wrong](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/bouncing-back-when-things-go-wrong-1)  [Yes, I can!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/yes-i-can)  [Healthy eating](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/healthy-eating-1)  [My healthy mind](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-healthy-mind)  [Move your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/move-your-body)  [A good night's sleep](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-good-nights-sleep) | [Seasons](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/seasons)  [Life stages - plants, animals, humans](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/life-stages--plants-animals-humans)  [Life Stages: Human life stage - who will I be?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/life-stages-human-life-stage--who-will-i-be)  [Where do babies come from?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/where-do-babies-come-from)  [Getting bigger](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-bigger)  [Me and my body - girls and boys](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/me-and-my-body--girls-and-boys) |
| Year 1 | [Why we have classroom rules](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-we-have-classroom-rules)  [How are you listening?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-you-listening-1)  [Thinking about feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thinking-about-feelings)  [Our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-feelings)  [Feelings and bodies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/feelings-and-bodies)  [Good friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/good-friends-) | [Same or different?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-or-different-1)  [Unkind, tease or bully?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/unkind-tease-or-bully)  [Harold's school rules](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-school-rules-1)  [It's not fair!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/its-not-fair)  [Who are our special people?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-are-our-special-people)  [Our special people balloons](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-special-people-balloons-1) | [Super sleep](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/super-sleep-1)  [Who can help? (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-1-1)  [Good or bad touches?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/good-or-bad-touches)  [Sharing pictures](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/sharing-pictures)  [What could Harold do?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-could-harold-do--1)  [Harold loses Geoffrey](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-loses-geoffrey) | [Harold has a bad day](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-has-a-bad-day) (Y1)  [Around and about the school](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/around-and-about-the-school) (Y1)  [Taking care of something](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-care-of-something) (Y1)  [Harold's money](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-money-1) (Y1)  [How should we look after our money?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-should-we-look-after-our-money) (Y1)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid) (Y1) | [I can eat a rainbow](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-can-eat-a-rainbow)  [Eat well](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/eat-well-)  [Harold's wash and brush up](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-wash-and-brush-up)  [Catch it! Bin it! Kill it!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/catch-it-bin-it-kill-it)  [Harold learns to ride his bike](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-learns-to-ride-his-bike)  [Pass on the praise!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pass-on-the-praise-1)  [Inside my wonderful body! (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/inside-my-wonderful-body-) | [Healthy me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/healthy-me)  [Then and now](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/then-and-now)  [Taking care of a baby](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-care-of-a-baby)  [Who can help? (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-2)  [Surprises and secrets](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/surprises-and-secrets)  [Keeping privates private](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-privates-private) |
| Year 2/3  Cycle A | Me and my Relationship | Me and my Relationship | Valuing difference | Valuing difference | Keeping Safe | Growing and Changing |
|  | [Our ideal classroom (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-ideal-classroom-1)  [Our ideal classroom (2) (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-ideal-classroom-2-1)  [How are you feeling today?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-you-feeling-today)  [Let's all be happy!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-all-be-happy-1)  [Being a good friend](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-a-good-friend-1)  [Types of bullying](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/types-of-bullying-)  [Don't do that!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dont-do-that)  [Bullying or teasing? (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/bullying-or-teasing) | [As a rule](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/as-a-rule)  [Looking after our special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-our-special-people)  [How can we solve this problem?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-can-we-solve-this-problem)  [Tangram team challenge (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/tangram-team-challenge)  [Friends are special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/friends-are-special-1)  [Thunks](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thunks)  [Dan's dare](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dans-dare)  My special pet (OPTIONAL) | [What makes us who we are?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-us-who-we-are)  [My special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-special-people)  [How do we make others feel?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-do-we-make-others-feel)  [When someone is feeling left out](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/when-someone-is-feeling-left-out)  [An act of kindness](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/an-act-of-kindness)  [Solve the problem](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/solve-the-problem) | [Respect and challenge](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respect-and-challenge)  [Family and friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/family-and-friends)  [My community](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-community)  [Our friends and neighbours](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-friends-and-neighbours)  [Let's celebrate our differences](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-celebrate-our-differences)  [Zeb](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/zeb) | [Harold's picnic](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-picnic-)  [How safe would you feel?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-safe-would-you-feel)  [What should Harold say?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-should-harold-say)  [I don't like that!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-dont-like-that-1)  [Fun or not?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fun-or-not)  [Should I tell?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/should-i-tell)  [My body needs... (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-needs-)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-1) | Year 2  [A helping hand](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-helping-hand)  [Sam moves away](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/sam-moves-away)  [Haven't you grown!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/havent-you-grown)  [My body, your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-your-body)  [Respecting privacy](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respecting-privacy-)  [Some secrets should never be kept](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/some-secrets-should-never-be-kept)  Year 3  [Relationship tree](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship-tree)  [Body space](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-space)  [None of your business!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/none-of-your-business)  [Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-2)  [My changing body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-changing-body)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-2) |
| Year 2/3  Cycle B | Being my best | Being my best | Rights and Respect | Rights and Respect | Keeping Safe | Growing and Changing |
|  | [You can do it!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/you-can-do-it)  [My day](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-day)  [Harold's postcard - helping us to keep clean and healthy](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-postcard--helping-us-to-keep-clean-and-healthy)  [Harold's bathroom](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-bathroom-1)  [What does my body do?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-does-my-body-do-1)  [My body needs... (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-needs-)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-1) | [Derek cooks dinner! (healthy eating)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/derek-cooks-dinner-healthy-eating)  [Poorly Harold](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/poorly-harold)  [Body team work](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-team-work-1)  [For or against?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/for-or-against)  [I am fantastic!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-am-fantastic)  [Top talents](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/top-talents-1)  [Getting on with your nerves! (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-on-with-your-nerves-) | [Getting on with others](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-on-with-others)  [When I feel like erupting](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/when-i-feel-like-erupting)  [Feeling safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/feeling-safe-)  [Playing games](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/playing-games)  [Harold saves for something special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-saves-for-something-special)  [Harold goes camping (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-goes-camping)  [How can we look after our environment?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-can-we-look-after-our-environment) | [Helping each other to stay safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helping-each-other-to-stay-safe)  [Recount task](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/recount-task)  [Our helpful volunteers](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-helpful-volunteers)  [Can Harold afford it?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/can-harold-afford-it)  [Earning money](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/earning-money)  [Harold's environment project](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-environment-project)  [Let's have a tidy up! (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-have-a-tidy-up) | [Safe or unsafe?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safe-or-unsafe-1)  [Danger or risk?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/danger-or-risk-1)  [The Risk robot](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/the-risk-robot)  [Super Searcher](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/super-searcher)  [Help or harm?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-or-harm-1)  [Alcohol and cigarettes: the facts](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/alcohol-and-cigarettes-the-facts-1)  [Raisin challenge (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/raisin-challenge-1) | Year 2  [A helping hand](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-helping-hand)  [Sam moves away](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/sam-moves-away)  [Haven't you grown!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/havent-you-grown)  [My body, your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-your-body)  [Respecting privacy](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respecting-privacy-)  [Some secrets should never be kept](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/some-secrets-should-never-be-kept)  Year 3  [Relationship tree](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship-tree)  [Body space](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-space)  [None of your business!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/none-of-your-business)  [Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-2)  [My changing body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-changing-body)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-2) |
| Year 4/5/6  Cycle A | Me and my Relationship | Me and my Relationship | Valuing difference | Valuing difference | Keeping Safe | Growing and Changing |
|  | [Under pressure](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/under-pressure)  [Collaboration Challenge!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/collaboration-challenge)  [Give and take](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/give-and-take-1)  [Working together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/working-together)  Let's negotiate  [Solve the friendship problem](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/solve-the-friendship-problem) | [How good a friend are you?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-good-a-friend-are-you)  [Relationship cake recipe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship-cake-recipe)  [Being assertive](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-assertive-1)  [Assertiveness skills (formerly Behave yourself - 2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/assertiveness-skills-formerly-behave-yourself--2)  [Behave yourself](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/behave-yourself-2)  [Dan's day (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dans-day) | [That is such a stereotype!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/that-is-such-a-stereotype)  [Qualities of friendship](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/qualities-of-friendship)  [Kind conversations](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/kind-conversations-1)  [OK to be different](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-to-be-different)  [We have more in common than not](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/we-have-more-in-common-than-not) | [Happy being me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/happy-being-me-1)  [The land of the Red People](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/the-land-of-the-red-people)  [Respecting differences](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respecting-differences)  [Kind conversations](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/kind-conversations-1)  [Tolerance and respect for others](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/tolerance-and-respect-for-others) | [Raisin challenge (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/raisin-challenge-2)  [Thunking' about habits](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thunking-about-habits)  [Spot bullying](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/spot-bullying)  [Think before you click!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/think-before-you-click)  [Traffic lights](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/traffic-lights)  [To share or not to share?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/to-share-or-not-to-share) | Year 4  [Moving house](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1)  [My feelings are all over the place!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place)  [All change!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change)  [Preparing for changes at puberty (formerly Period positive/preparing for periods)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive)  [Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1)  [Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)  Know your body - FGM supplementary lesson  Year 5  [How are they feeling?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-they-feeling-1)  [Taking notice of our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings)  [Dear Ash](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-ash-1)  [Growing up and changing bodies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/growing-up-and-changing-bodies-1)  [Changing bodies and feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/changing-bodies-and-feelings)  [Help! I'm a teenager - get me out of here!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-im-a-teenager--get-me-out-of-here)  [Dear Hetty (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-hetty-1)  Year 6  [I look great!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great)  [Media manipulation](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/media-manipulation)  [Pressure online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pressure-online)  [Helpful or unhelpful? Managing change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helpful-or-unhelpful-managing-change)  [Is this normal?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/is-this-normal)  [Making babies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-babies-1)  Know your body - FGM supplementary lesson |
| Year 4/5/6  Cycle B | Being my Best | Being my Best | Rights and Respect | Rights and Respect | Keeping Safe | Growing and Changing |
|  | [What makes me ME!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-me-)  [Making choices](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-choices)  [It all adds up!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/it-all-adds-up-)  [Five Ways to Wellbeing project](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/five-ways-to-wellbeing-project)  [Independence and responsibility](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/independence-and-responsibility) | [Different skills](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/different-skills)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-3)  [My school community (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-school-community-1)  [My school community (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-school-community-2)  [Volunteering is cool (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/volunteering-is-cool)  [This will be your life!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/this-will-be-your-life-) | [Why pay taxes?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-pay-taxes-1)  [What's the story?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-the-story)  [Fact or opinion?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fact-or-opinion)  [Two sides to every story](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/two-sides-to-every-story)  [Fakebook friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fakebook-friends)  [What's it worth?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-it-worth) | [Rights, respect and duties](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/rights-responsibilities-and-duties)  [Mo makes a difference](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/mo-makes-a-difference)  [Jobs and taxes](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/jobs-and-taxes)  [Action stations!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/action-stations)  [Project Pitch (parts 1 & 2) (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/project-pitch-parts-1--2) | [Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)  [How are they feeling?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-they-feeling-1)  [Taking notice of our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings)  [Dear Hetty (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-hetty-1)  [Helpful or unhelpful? Managing change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helpful-or-unhelpful-managing-change)  [I look great!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great) | Year 4  [Moving house](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1)  [My feelings are all over the place!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place)  [All change!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change)  [Preparing for changes at puberty (formerly Period positive/preparing for periods)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive)  [Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1)  [Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)  Know your body - FGM supplementary lesson  Year 5  [How are they feeling?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-they-feeling-1)  [Taking notice of our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings)  [Dear Ash](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-ash-1)  [Growing up and changing bodies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/growing-up-and-changing-bodies-1)  [Changing bodies and feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/changing-bodies-and-feelings)  [Help! I'm a teenager - get me out of here!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-im-a-teenager--get-me-out-of-here)  [Dear Hetty (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-hetty-1)  Year 6  [I look great!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great)  [Media manipulation](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/media-manipulation)  [Pressure online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pressure-online)  [Helpful or unhelpful? Managing change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helpful-or-unhelpful-managing-change)  [Is this normal?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/is-this-normal)  [Making babies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-babies-1)  Know your body - FGM supplementary lesson |